

Teresa Tomeo Bio

Teresa Tomeo is an author, syndicated Catholic talk show host, and motivational speaker with more than 40 years of experience in TV, radio, and newspaper, 20 of which were as a secular reporter/anchor in the Detroit market. In the year 2000, Teresa left the secular media to start her own speaking and communications company, Teresa Tomeo Communications, LLC. Her weekday morning radio program, [Catholic Connection](#), is produced by the [EWTN Global Catholic Radio Network](#). It is heard on over 600 Catholic radio stations worldwide and on the Sirius Satellite Network.

Teresa appears frequently on the EWTN Global Catholic Television Network, including hosting the *EWTN Learn Series*, “[Saints in Italy](#).” She is honored to be a media consultant for the USCCB Committee on Pro-Life Activities. Teresa focuses on issues of faith, media awareness, and Catholic Church teaching, especially as it relates to the culture. As a Deacon’s wife, she is a columnist for *The Deacon* magazine. Teresa also has been international delegate invited to the Vatican Women’s Congress in Rome, been a Vatican conference speaker, and has written articles for the National Catholic Register and ChurchPop. She has been featured on Fox News coverage of the transfer of the body of Pope Francis to St. Peter’s Basilica for the lying in state, and was invited by Newsmax TV and Spectrum News to comment on the canonization of St. Carlo Acutis & St. Pier Giorgio Frassati. She has also appeared on CBS & ABC affiliates, Fox & Friends, WJR, and other stations discussing events of importance in the Catholic faith.

In 2019, she opened her own Italy travel consultation company, *T’s Italy* ([TravelItalyExpert.com](#))—coaching visitors to Italy on where to eat, stay, shop, play, and pray during their visit. As a result of the success of her company, she wrote her best-selling book [Italy’s Shrines and Wonders: Discovering Sacred Spaces, Fascinating Places, and Destinations off the Beaten Path](#), published by EWTN Publishing in December of 2024. The sequel, *Italy’s Shrines and Wonders: Discovering Sacred Spaces and Fascinating Places in the Life of St. Francis of Assisi* will be published in the summer of 2026.

Teresa has written more than a dozen books, is an international speaker, where she addresses the Catholic faith, media awareness, and activism, as well as sharing her reversion to the Catholic Church. She resides in Southeastern Michigan and central Italy, with her husband, Deacon Dominick Pastore, who leads with her marriage and diaconate couples’ retreats, and Catholic pilgrimages.